Person Centred Practice Approach Life Without Barriers

Features evidence-based, practical and effective strategies for creating and maintaining optimal quality of life in older adults. This globally focused resource integrates sound research evidence, real-life case scenarios, and effective, practical strategies to address a key health care initiative of the 21st century--optimal quality of life for older adults. Distinguished by its broad and global outlook, the book includes contributions from an international cadre of widely published scholars and is designed for easy integration into traditional nursing education curricula. The book explores the experiences of older adults at home, and in acute and primary care, assisted living, nursing home and hospice environments and examines their needs for dealing with multiple, differentiated health, spiritual, and emotional considerations. The book addresses all four domains of quality of life as set forth by the World Health Organization. A detailed and multi-dimensional case study opens each chapter, followed by subjective and objective data focusing on the quality of life domain addressed. Articulation and definition of each quality of life issue is presented along with the incidence and prevalence of the problem. Several cases addressing issues older adults encounter in preventing and managing acute and chronic disease serve as a clinical resource guide, with their emphasis on clinical reasoning. Another outstanding feature of the book is its comprehensive, synthesized literature reviews with approximately 20 references for each issue. These reviews deliver the best evidence in the field and offer effective strategies. Generalist and advanced practice (AP) nursing roles in
promoting quality of life as well as cultural considerations are also covered. Each chapter concludes with a bulleted summary of tips for promoting quality of life accompanied by clinical reasoning questions. Content is organized compatibly with the Adult/Gero Nurse Practitioner Certification Test Plan. Key Features: Addresses key quality of life education and practice initiatives advanced by leading gerontology organizations worldwide Includes detailed, multi-faceted case studies reflecting extensive, current evidence-based literature Describes practical, cost-effective strategies aimed at maintaining health Disseminates the universally applicable perspectives of international scholars of global aging Provides content compatible with the Adult/Gero Nurse Practitioner Certification Test Plan

This book explores the meaning of quality of life in care for older persons and introduces the reader to their main concerns when receiving care. Based on qualitative research, it pays particular attention to the needs and requirements of older people, considering their individual family situations, social circumstances, values and lifestyles. Person-centred care is a way of providing nursing care that puts older people and their families at the core of all decisions, seeing each person as an individual, and working together to develop appropriate solutions. Following an introduction to the concept of quality of life in old age, the book reviews essential findings from worldwide research into the experiences of older people with regard to nursing care and the impact of these experiences on their quality of life. It investigates health promotion, care provided in nursing homes and assisted living facilities, and palliative care. Each chapter includes a brief introduction to the respective field of nursing care and the problems it has to deal with, concluding with a discussion of their implications for nursing practice in the respective field of care. In closing, the evidence from qualitative research is
discussed in relation to current gerontological theories. This accessible book takes a unique person-centred approach to working with older people and provides an introduction to the legislation, policy, theory and research needed by social workers. The authors explore the experience of being an older person and how practitioners can work to make positive differences to older people’s lives. In addition, the book:

- Goes beyond the mechanistic care management approaches to social work and encourages the reader to see older people holistically
- Features case studies and exercises to assist readers in reflecting on their practice
- Examines a range of contexts and perspectives, including sexuality, spirituality, learning disabilities
- Encourages wider reflection on the constraints posed by organisations employing social workers and the impact on their practice
- Provides an up-to-date exploration of safeguarding issues
- The authors take into account financial constraints with regard to the care of older people and the impact of a changing demography, but remain upbeat and positive about the value of social work intervention.

Social Work with Older People is relevant for students on placement in adult services or voluntary organizations and social work practitioners working with older people. Contributors: Gill Butler, Rick Fisher, Chris Gaine, David Gaylard, John Gisby, Vivienne Killner, Andrea Linell, Andy Mantell, Debbie Smallbones, Chris Smethurst, Sally Stapleton, Graham Tooth, Christine Wright

Social workers draw on a variety of theoretical perspectives to inform their practice and understand the diverse settings in which they work. Social Work: From Theory to Practice explores practice theories through the discipline’s unique interpretive lens and demonstrates how these can be understood and enacted by practitioners in human services settings. This third edition includes new material on trauma-informed practice and Indigenous practice, as
well as enhanced content relating to child protection and family violence, and narrative approaches. New practitioner reflections and case studies illustrate how theory influences practice and facilitates change. Thought-provoking case study discussion questions prompt students to reflect on key concepts and develop strategies for practice. Highly readable and engaging, Social Work: From Theory to Practice builds a strong foundation for theoretically informed practice. This text enables practitioners to develop the skills required to confidently and critically evaluate their work as they respond in complex practice contexts.

A practical guide to helping those living with dementia live their best life in a way that makes sense to them. Essential reading for anyone working with people living with dementia, this book explains the concept of Self-Directed Support and Care for people living with dementia and links the various Person Centred approaches within dementia care with Person Centred Planning and Community based approaches. As the content unfolds, the concept of the Dementia Care Triad (people living with dementia, unpaid carers and professional carers) is explored and developed further to include the layer of community. The links between the health and social care legal context, guidance documents and national dementia strategies are presented with good, actionable practice, approaches, tools and informed advice to achieve Person Centred dementia care and support, with an emphasis on communities Living a Good Life with Dementia will help professionals and carers gain knowledge and insight to be able to develop creative ideas for the care and support they want to have in place.

This title is directed primarily towards health care professionals outside of the United States. For this second edition, all chapters have been updated and new concepts incorporated. It also contains a new chapter on paediatrics. The book continues to be the only onle that provides
the reader with both the theoretical underpinnings of client-centred practice as well as
guidance on the practical application of this approach. New chapter on paediatrics, providing
valuable guidance in how to apply this approach New authors writing the mental health chapter
giving a different focus that will challenge therapists working with this client group All chapter
have been updated to include current literature and current views on the application of a client-
centred approach
This valuable text offers a range of practical, person centred and evidence based approaches
to tackling challenges faced by professionals working with people with learning disabilities.
How do we learn from service user perspectives? What practical skills and approaches are
needed to make care truly person-centred? Written by practitioners, academics and, more
importantly, the people who use health services, this unique text examines the application of
person-centred principles across a range of healthcare contexts. It will provide you with the
essential skills, techniques and strategies needed to deliver person-centred care. Patient and
service users should be at the heart of healthcare delivery, and this book will equip nurses and
midwives by connecting the reader to the lived experience of those receiving healthcare. It
examines issues across the lifespan and reveals how person-centred care can best be
achieved by working in partnership. After introducing key principles and service design in
chapters 1 and 2, each chapter that follows tackles a different age or disease specific area of
care, including: • Maternity care • Family care including health visiting • Adolescent care •
Adult critical care • Diseases including diabetes and arthritis • Care for people with long term
mental health problems • Intellectual disabilities • Care of carers Putting people at the heart of
healthcare is essential to effective practice, and this book interweaves real patient stories into
every chapter, bringing nursing and midwifery theory to life and helping students and practitioners hone and develop their skills. An essential buy for all nurses and midwives. “This book offers an innovative, creative and fresh approach to understanding the heart of patient centred care. Its partnership approach has meant that the voices of national experts and patients are represented, and together they share their expertise and experience based insights, which has resulted in a text that illuminates the evidence base for nurses, midwives and other health care professionals. Never has there been a more significant time to focus on patient centred care and this book makes a meaningful and bold contribution to constructively expanding the concepts of patient centred care and providing an applicable approach for practitioners. This text helpfully covers the life span of individuals from a range of care settings and as such offers a unique and crisp approach. I would suggest that whether you are a student nurse or an experienced practitioner, this book would provide you with clear, informative and robust evidence to enhance the care you provide. This is a must read for students, health care professionals and academics – an excellent addition to the knowledge base.” Brian J Webster-Henderson, Professor of Nursing and University Dean of Learning and Teaching, Edinburgh Napier University, UK “Evident throughout the book is the collaboration of its contributors, providing a real sense of compassion in care. The service users’ ‘voice’ positively speaks to the reader and together with other contributors inspires a practice of care and compassion, professionally as well as personally. It is easy to read and follow and the activities encourage thinking and debate and reflective practice. The opening chapter introduces person-centeredness well, where its philosophy appears to be embedded within each chapter. It reads as supportive and developmental for practitioners.” Tracey Harding,
Lecturer and Programme Lead, Doctorate in Clinical Practice, University of Southampton, UK “This excellent book offers a number of things to the reader: the theory for person-centred care; a structured approach to the development of that knowledge across the lifespan; and, most importantly, people’s experiences – these jump off the page bringing life to the theory. For me, it was the ‘voices’ that were gripping as I grappled with the issues (many of which are challenging and from which the authors did not shy away). Some of these were hard to read as I wished that the healthcare professionals in those situations had taken the time to really hear what the concerns were. The book is steeped in the realities of practice and helps to make sense of the challenges – and opportunities – that exist in healthcare practice as person-centred care continues to go to the heart of practice.” Ruth Taylor, Pro Vice Chancellor and Dean, Faculty of Health, Social Care and Education, Anglia Ruskin University, UK

Person-Centred Healthcare Research provides an innovative and novel approach to exploring a range of research designs and methodological approaches aimed at investigating person-centred healthcare practice within and across healthcare disciplines. With contributions from internationally renowned experts in the field, this engaging resource challenges existing R&D methodologies and their relevance to advancing person-centred knowledge generation, dissemination, translation, implementation and use. It also explores new developments in research methods and practices that open up new avenues for advancing the field of person-centred practice. Person-Centred Healthcare Research: Enables students, practitioners, managers and researchers to gain a solid understanding of the complexity of person-centred thinking
in research designs and methods. Explores the theories and practices underpinning a topical subject within current healthcare practice. Is edited by an internationally recognised team who are at the forefront of person-centred healthcare research.

John McLeod’s bestseller provides a comprehensive, research-informed overview of the theory and practice of counselling and psychotherapy. This new edition has been expanded to cover emerging aspects of contemporary practice, such as debates around neuroscience and integration; third-wave cognitive–behavioural therapies such as ACT, mindfulness and FAP; the experience of being a client; motivational interviewing; interpersonal psychotherapy; social dimensions of therapy; leaving therapy; gender and sexuality; spirituality; and key counselling and therapeutic skills and techniques. This sixth edition has been fully updated and revised throughout and is separated into a four-part structure for easy navigation. Each chapter also enhances learning with the following resources: • Case studies • Landmark and contemporary research studies • Topics for reflection and discussion • Suggested further reading

An Introduction to Counselling and Psychotherapy has been the book of choice for students and tutors on introductory courses for over 25 years. “Professor John McLeod’s Introduction to Counselling and Psychotherapy is a classic text. In providing a comprehensive perspective on the field, it goes well beyond being a mere ‘introduction’. Not only does it deliver an encyclopaedic amount of information, but it also presents this information in an incredibly captivating manner. There is simply no
other book on the topic to match it. This new edition, truly faithful to its predecessors, maps new innovations in the context of previous generations’ viewpoints. This is ‘the’ book on counselling and psychotherapy.” Ladislav Timulak, PhD, Course Director, Doctorate in Counselling Psychology, Trinity College Dublin “John McLeod has a talent for bringing readers into intimate contact with the experience of another person's experience. Through his evocative descriptions, accessible language, and plentiful examples you will find yourself looking through the eyes of both clients and therapists and developing a depth of understanding about important processes in psychotherapy. His position at the vanguard of psychotherapy research allows him to bring to life the practice of psychotherapy while posing research questions and stimulating curiosity about findings. His valuing of varied approaches to psychotherapy invites the reader to connect with diverse perspectives and consider their own beliefs.” Heidi M. Levitt, PhD, University of Massachusetts Boston, USA
This textbook provides a practice-focused case study based exploration of how the ideas of person-centeredness can be developed and incorporated into everyday practice. This how-to guide supports person-centred care and reflects the challenges of implementing and pursuing this practice to make it a reality in healthcare. With clear and accessible guidance through the use of chapter overviews, key points, activities and web-based resources, this is an important book for anyone interested in developing a person-centred approach to care. Students taking nursing, midwifery, and health and
social care programmes will find this extremely valuable reading as they learn to
develop person-centred practice, as will experienced practitioners seeking to deliver the
very best care possible.
'This excellent, informative and well presented, a book provides the reader with
fourteen edited chapters covering an area of policy and practice that is quite specific
but will inform anyone interested in the development of a service user participation
ethos in adult social care. It is a book that is relevant to managers and practitioners,
both as students and qualified professionals, as well as academics. Care management
is now well established in the everyday practice of predominantly statutory
organisations. This book revisits the principles of this method of assessing and planning
the care needs of adult service users, and introduces Person Centred Planning (PCP)
as a suitable method for ensuring that much of the empowerment rhetoric care
management is actually realised.' - British Journal of Social Work 'Part of the attraction
of this book is its strong practice component. This is applicable to the different
professionals working with people with learning disabilities, in whatever their service
configuration. For students, the book will also provide a good introduction to the impact
of person centred planning and its connections to a long history of similar initiatives.' -
Journal of Interprofessional Care 'This book is a stimulating and challenging read of
those working in service development generally, as well as learning disability services.
There is a potential broad care management readership that might also find this
relevant and interesting.' - Journal of Interprofessional Care 'This is an important book. It brings together chapters by many of the foremost researchers and practitioners in person centred planning. The book contains many ideas for taking the PCP process to a higher level of sophistication to really underpin the future development of appropriate and effective services.' - Community Living 'This book will help social workers to reconnect with the core values of their profession and to challenge institutionalised policies and practices. It has proven to be a valuable teaching resource and whilst its focus is on people with learning disabilities, the principles of PCP that it raises are relevant to any service user group and social work arena. Highly recommended.' - Professional Social Work 'There are many important issues facing the care management system today in the light of person-centred planning and approaches, and you would be hard-pressed to find a better collection of insightful and radical thinkers in this area than those featured here. It asks hard questions, and challenges the professional to adopt more inclusive and accessible work practices. Wherever you work in the field of learning difficulties you should read this book carefully and aim to put "person-centeredness" at the core of your practice.' - Community Care 'You would be hard-pressed to find a better collection of insightful and radical thinkers in the area of care management. Wherever you work in the field of learning difficulties you should read this book carefully and seek to put "person centredness" at the core of your practice. The challenge for professionals, is making it a reality for individuals.'
Community Care This timely book provides a reflective analysis of person centred planning for people with learning disabilities, complementing policy initiatives that focus on individualised planning and service user involvement. Drawing on practical experience and research findings, the contributors explore policy and practice issues, including: * advocacy and empowerment * risk management and adult protection * inter-agency and inter-professional working * ethnicity and culture * de-institutionalisation. Vivid case studies illustrate best practice in person centred planning, and the authors offer a rich variety of ideas for increasing the participation, self-esteem and quality of life of people with learning disabilities. This practical and accessible text is an invaluable guide for policy makers, carers and social work managers, academics and students.

This unique and important book breaks new ground in the theory and practice of person-centred psychotherapy by focusing on the issue of process. Process belongs to both client and counsellor. Worsley conceptualises process in relation to the core principles of the person-centred approach but also to the humanistic and phenomenological roots of person-centred therapy. Combining academic rigour with the wisdom of an experienced clinical practitioner, he opens up a more inclusive and integrative way of being with clients that nonetheless chimes with classical person-centred principles. The book features: • Activities and vivid case studies to illustrate and expand on the theoretical points being developed, allowing the reader to see easily how these might
apply to practice. • Engagement with theoretical approaches such as transactional
analysis and Gestalt, as well as discussion of philosophy, spirituality and
psychopathology. • New discussion of the processes involved in mental illness, drawing
on the work of Prouty and Warner to understand the client's world of experiencing. •
New material on the plural self and configurations of the self. This is a book aimed
principally at university students enrolled on courses in person-centred, humanistic,
existential and integrative counselling and psychotherapy. It will also appeal to
experienced practitioners wanting to refresh and deepen their understanding.
RICHARD WORSLEY is a person-centred therapist, supervisor and trainer at the
University of Warwick, UK. Formerly Director of the Diploma in Humanistic Counselling
at Tile Hill MA26, Coventry, he also has long experience working as an Anglican Priest.
He is co-editor with Stephen Joseph of Person-Centred Psychopathology: A Positive
Psychology of Mental Health.
Practitioner Bryant-Jefferies explains a process of supervision within counseling in
which the supervisor demonstrates a person-centered way of working and the
counselors being supervised bring their experiences of working in the same way.
The new edition of Supporting Education is the perfect handbook for anyone who works
with qualified teachers in a role supporting the education and development of school
children. Supporting Education, 3e is written to support the Certificate III in Education
Support qualification, from the streamlined CHC Community Services Training
Package. It provides Education Support Workers with an overview of child development and how children learn, as well as an introduction to the key learning areas. The text also links to new online support resources and information to help with teaching and class prep time. Premium online teaching and learning tools are available on the MindTap platform. Learn more about the online tools cengage.com.au/learning-solutions

Person-centred Practice in Nursing and Health Care is a comprehensive and practical resource for all nurses and healthcare practitioners who want to develop person-centred ways of working. This second edition, which builds on the original text Person Centred Nursing, has been significantly revised and expanded to provide a timely and topical exploration of an important subject which underpins all nursing and healthcare, edited by internationally renowned experts in the field. Person-centred Practice in Nursing and Health Care looks at the importance of person-centred practice (PCP) from a variety of practice, strategic, and policy angles, exploring how principles of PCP underpin a variety of perspectives, including within leadership and in the curriculum. The book explores not only a range of methodologies, but also covers a variety of different healthcare settings and contexts, including working within mental health services, acute care, nursing homes, the community, and working with children and people with disabilities. Key features: Significantly updated and expanded since the previous edition, taking into account the considerable changes in recent health care advancements, including the ‘Francis’ report. Builds on previous perspectives of
person-centredness in nursing and applies them in a broader nursing and health care context. Includes a stronger exploration on the role of the service-user. Shows the use of life-story and narrative approaches as a way of putting the individual’s identity at the heart of the care relationship. Includes learning features such as links to current practice developments and reflective questions.

Drawing on her family's own experiences and those of other parents facing the death of a child from illness or a life-limiting condition, Sacha Langton-Gilks explains the challenges, planning, and conversations that can be expected during this traumatic period. Practical advice such as how to work with the healthcare professionals, drawing up an Advance Care Plan, and how to move care into the home sit alongside tender observations of how such things worked in her own family's story. The book also includes a template person-centred planning document, developed by experts in the field. Empowering and reassuring, this book will help families plan and ensure the best possible end-of-life care for a child or young person.

Client Issues in Counselling and Psychotherapy is the first humanistic counseling book to bring together commonly occurring client issues, exploring the origin and meaning of the difficulty, the therapeutic approach and process, and the outcomes. Extensive case material guides you through the nuances and potential
pitfalls towards effective practice. Drawing from a combined 50 years of experience in the field, Paul Wilkins and Janet Tolan bring together leading person-centered therapists to address how and why each problem can be eased by means of working with the person.

Personalisation builds on person-centred care to focus on how people with dementia can have more choice and control over decisions affecting them, and be supported to be part of their communities. This practical guide explains how to deliver personalised services and support for people with dementia through simple, evidence-based person-centred practices. The authors clearly explain personalisation and current person-centred thinking and practice, providing many vivid examples of how it has been achieved in community as well as residential care settings. They guide the reader through using a range of person-centred practices. Strategies for ensuring a good match between the person with dementia and the staff and volunteers supporting them are also described. In the final chapter, the reader is introduced to Progress for Providers, a photocopiable tool for tracking progress in delivering appropriate personalised support for people with dementia living in care homes. This is essential reading for dementia care practitioners and managers, as well as social and health care workers, community workers and students.
In this essential text, the highly regarded Temenos team present a new introduction to the person-centred approach for the Twenty-first-century. Giving a broad and unbiased account, they illustrate how the approach has developed since the death of Carl Rogers and explore how the person-centred philosophy can be an effective working model for both counselling and psychotherapy and for understanding, living and working in a complex contemporary world. The Person-Centred Approach is essential reading for trainees, whether new to counselling or more experienced, and is a vital resource for practitioners wishing to keep at the forefront of the latest developments in the field.

Now in its fifth edition, this seminal textbook for occupational therapy students and practitioners has retained the comprehensive detail of previous editions with significant updates, including the recovery approach informed by a social perspective. Emerging settings for practice are explored and many more service users have been involved as authors, writing commentaries on 14 chapters. All chapters are revised and there are also new chapters, such as mental health and wellbeing, professional accountability, intersectionality, green care and working with marginalized populations. Chapter 11 is written by two people who have received occupational therapy, examining different perspectives on the experience of using services. This edition is divided into clear sections, exploring
theory and practice issues in detail. The first section covers the historical, theoretical and philosophical basis for occupational therapy in the promotion of mental health and wellbeing. The second section examines the occupational therapy process, followed by a third section on ensuring quality in contemporary practice. The fourth section offers insights into issues arising from the changing contexts for occupational therapy including an analysis of the implications for occupational therapy education. The fifth section has eight chapters on specific occupations that can be applied across the varied settings which are covered in the sixth and final section. Occupational Therapy and Mental Health is essential reading for students and practitioners across all areas of health and/or social care, in statutory, private or third (voluntary) sectors, and in institutional and community-based settings. Presents different theories and approaches Outlines the occupational therapy process Discusses the implications of a wide range of practice contexts Describes a broad range of techniques used by occupational therapists Provides many different perspectives through service user commentaries Coverage of trust as part of professional accountability, leadership, green care, ethical practice using a principled approach Additional and extended service user commentaries An editorial team selected and mentored by the retired editors, Jennifer Creek and Lesley Lougher
Fundamentals of Person-Centred Healthcare Practice presents evidence-based perspectives on a broad range of approaches to person-centred practice in healthcare. Featuring contributions from internationally recognised experts in the field, this valuable textbook helps students and staff across healthcare disciplines understand the essential concepts of person-centred practice in various health-related contexts. Using the Person-centred Practice Framework—an innovative theoretical model based on more than two decades of research and practice—students develop a strong understanding of the different components of person-centredness, their connections and interactions, and how they can be implemented to promote positive healthcare experiences for care providers, service-users, and families. Recognising the dynamic and complex nature of person-centredness, the text emphasises the importance of a common language and a shared understanding of person-centred practice in all areas of healthcare, from hospital and social care systems, to mental health, learning disability, and rehabilitation services. This practical and insightful introduction to the subject: Provides engaging, student-friendly coverage of the central principles and practice of person-centredness within a multi-professional and interdisciplinary context Features cases and examples of person-centred practice in curricula worldwide Includes activities designed to support person-centred practitioner
development Discusses the future of person-centred facilitation, learning and practice. Offers real-world guidance on providing a holistic approach to developing person-centred relationships that facilitate meaningful connections with others. Fundamentals of Person-Centred Healthcare Practice is an indispensable resource for nursing and allied health professionals, and an important reference work for educators, facilitators, supervisors, and healthcare practitioners.

The principle of personalisation appears in a range of current debates among design professionals, healthcare providers, and educationalists about the implications of new technologies and approaches to consumer sovereignty for 'mass' provision. The potential of new technologies implies systems of provision that offer bespoke support to their users, tailoring services and experiences to suit individual needs. The assumption that individual choice automatically increases wellbeing has underlain the re-design of public services. Ubiquitous personalisation in screen-based environments gives individuals the sense that their personality is reflected back at them. Advances in Artificial Intelligence mean our personal intelligent agents have begun to acquire personality. Given its prevalence, it is appropriate to identify the scope of this phenomenon that is altering our relationship to the 'non-human' world. This book presents taxonomy
of personalisation, and its potential consequences for the design profession as well as its ethical and political dimensions through a collection of essays from a range of academic perspectives. The thought-provoking introduction, conclusion and nine chapters present a well-balanced mixture of in-depth literature review and practical examples to deepen our understanding of the consequences of personalisation for our professional and personal lives. Collectively, this book points towards the implications of personalisation for design-led social innovation. This will be valuable reading for professionals in the design industry and health provision, as well as students of product design, fashion and sociology.

Living with Chronic Illness and Disability: Principles for Nursing Practice provides the knowledge and skills necessary for nursing and allied health students to provide quality, competent care to people living with a chronic illness or disability. The text has a strong evidence base, but is founded in reality. It includes practical, useful principles for holistic care, self-management, and a multidisciplinary approach. It also covers a range of issues affecting patients, carers and families, with a focus on empowering individuals as they adjust to the life-changing journey of chronic disease and disability. Edited by Esther Chang and Amanda Johnson, and written by a multidisciplinary team of expert clinicians and academics, this book will enhance your confidence when caring for people.
with a range of major and common conditions, including heart disease, stroke, cancer, asthma, diabetes, obesity, dementia, mental illness and palliative care. Case studies and accompanying exercises give insights into lived experience. Links to latest journal articles, media, further reading and online resources to enhance learning. Questions to help you reflect on your practice. Exercises and learning activities to understand context. eBook included with every print purchase. Additional resources on Evolve eBook on VitalSource. Student and instructor resources. Links to multimedia resources and reflective questions to assist learning and promote self-inquiry. Fully updated and refreshed to reflect current knowledge, data and perspectives.

Learning Disabilities: Toward Inclusion (formerly edited by Bob Gates) is one of the leading textbooks in this field. It offers real ways to improve quality of experience for people with learning disabilities in all areas of life. This new edition brings together a comprehensive and coherent collection of material from eminent authors with a wealth of professional backgrounds and roles. Its contemporary focus reflects practice developments including the impact of changing policy and legislation on the nature and configuration of services. The leading textbook for carers of people with learning disabilities. A comprehensive overview of the field of learning disabilities care. Well-written accessible content. Activities, case studies, diagrams and further resources.
including useful web links the embedding of key themes across chapters to draw diverse material into an integrated whole. These are: person-centredness, values, the reality of practice, the range of ability, the range of services and national and international perspectives. chapters on advocacy, personal narratives and life story, inclusive research, risk, safeguarding, sensory awareness, epilepsy and end-of-life care online case studies and activities with critical-thinking questions and ‘hot links’ to web resources to extend knowledge and understanding thereby facilitating learning a fully searchable, customisable electronic version of the text to enable easy access and quick reference
This is the comprehensive guide to delivering personalisation in health and social care using person centred approaches. It covers what personalisation and person centred approaches are, the different elements involved, and how to carry it out with all those receiving care and support, from people with disabilities to people at the end of life. Comprehensive coverage of evidence-based person-centred care Practical application for contemporary practice Perspectives and policies from all four countries of the UK The Social Work Assignments Handbook is the complete guide to preparing for, carrying out and writing up a social work assignment or project. Designed to support students through their assignments from beginning to end, each stage is fully explained through friendly advice and practical guidance so that students can feel confident in their work, whether they’re writing up quantitative research findings or carrying out a
literature review.
The second edition of the successful and definitive nursing textbook, Nursing Practice is designed to support the student throughout the entire nursing degree. Structured around the latest Nursing and Midwifery Council Code of Conduct, it explores a range of clinical and professional issues that the student will need to know, in one complete and accessible volume. Thoroughly updated and with full-colour, high quality illustrations throughout, this new edition features an additional chapter on the principles of supporting families and carers in practice, advice on revalidation, as well as a number of learning features and activities to help consolidate learning. Nursing Practice provides invaluable information to enable not just student nurses, but also those who are qualified and members of the extended nursing family, to develop a deeper understanding of their patients’ needs and to ensure that they are practicing safely and effectively.

'Learning Disability' uses a life-cycle approach to show how those with learning disabilities can be helped most at different stages in their lives.

Why do I need to learn about CBT and/or the Person-centred Approach? What can these techniques contribute to my counselling training and practice? This book has some of the answers, showing humanistic, CBT and integrative therapists how to get to grips with each other's approaches. CBT has become more fully present in the therapeutic landscape and therapists from other modalities are increasingly being
required to understand or even train in the approach. Responding to this growing pressure for change, Person-centred therapist Roger Casemore joins forces with Jeremy Tudway. Together they show how counsellors can respect and value each other's approaches by more clearly understanding the similarities and differences in theory, philosophy and practice. They clarify how therapists draw upon this knowledge in their practice without betraying the values of their core approach. This book is recommended for anyone studying Person-centred or CBT modules on counselling & psychotherapy courses, or experienced practitioners wishing to adapt their practice for NHS settings. Roger Casemore is currently an Associate Fellow in Lifelong Learning at the University of Warwick and has a private practice as a therapist and supervisor of other therapists, based in Worcester. Jeremy Tudway is a Clinical and Forensic Psychologist and a director of Phoenix Psychological Services, Warwickshire. In addition to this he lectures in CBT at the University of Warwick.

EBOOK: Person Centred Practice for Professionals

McGraw-Hill Education (UK)

Building on the success of the first edition, this substantially revised and extended new edition is set to remain the most in-depth and wide-ranging book available on person-centred psychotherapy and counselling. The book is thoroughly updated to reflect the latest trends in theory and practice: • It extends its coverage of professional settings and applications, including brand new chapters on children, older people, arts-based therapies, addiction and
bereavement. • It engages systematically with urgent contemporary issues, such as evidence-based practice, political and medical discourses, and theoretical integration. • It uses case illustrations, therapist-client dialogues, points of reflection and further resources to bring person-centred therapy to life for the reader, in a user-friendly way. • It includes contributions by an increasingly extensive group of writers, thinkers, teachers and practitioners.

Person-centred therapy, rooted in the experience and ideas of the eminent psychotherapist Carl Rogers, is widely practised in the UK and throughout the world. It has applications in health and social care, the voluntary sector and is relevant to work with people who are severely mentally and emotionally distressed. As well as being a valuable sourcebook and offering a comprehensive overview, this edition includes updated references and a new section on recent developments and advances. The book begins with a consideration of the principles and philosophy underpinning person-centred therapy before moving to a comprehensive discussion of the classical theory upon which practice is based. Further areas of discussion include: The model of the person, including the origins of mental and emotional distress The process of constructive change A review of revisions of and additions to person-centred theory Child development, styles of processing and configurations of self The
quality of presence and working at relational depth. Criticisms of the approach are addressed and rebutted and the application of theory to practice is discussed.

The new final section is concerned with advances and developments in theory and practice including: Counselling for Depression, The Social Dimension to Person-Centred Therapy, Person-Centred Practice with People experiencing Severe and Enduring Distress and at the ‘Difficult Edge’, A Review of Research.

Throughout the book, attention is drawn to the wider person-centred literature to which it is a valuable key. Person-Centred Therapy will be of particular use to students, scholars and practitioners of person-centred therapy as well as to anyone who wants to know more about one of the major psychotherapeutic modalities.

People with dementia need increasingly specialised support as they approach the end of life, and so too do their families and the professionals working with them. This book describes not only what can be done to ensure maximum quality of life for those in the final stages of the illness, but also how best to support those involved in caring for them. Emphasising the importance of being attuned to the experiences and needs of the person with dementia, the authors explain why and how they should be included in decisions relating to their end of life care. Practical strategies for ensuring physical and emotional wellbeing are
provided, drawing on useful examples from practice and providing solutions to potential challenges that carers and family members will face. Dilemmas surrounding end of life care are explored in detail, including the moral dilemma of medical intervention, and the authors suggest ways of supporting family members through the process in terms of providing information, helping them adjust to change and loss, and involving them in their relative's care, and at how care staff can be supported through appropriate education and training, team building and information-giving. This is an essential resource for anyone who wishes to provide compassionate, person-centred care for a person with dementia as they approach the end of life, including care staff, nurses, social workers and related professionals.

Textbook of Dementia Care: An Integrated Approach gives an overview of dementia care at a level appropriate to health and social care students, as well as providing an update to experienced practitioners. Authors come from a variety of backgrounds including nursing, psychiatry, medicine, psychology and allied health professions. There is a good mix of content from experienced new authors, academics and practitioners. The book offers: a comprehensive list of contributors from different disciplines input from people living with dementia and their family carers relevant research to inform practice case examples to illustrate
and inform the text. While directed primarily at a nursing and social care readership, the book also provides a readable general text appropriate for all involved in dementia care. It is written by expert practitioners in the field, many of whom are leaders in practice-based research. It incorporates the expertise of representatives of Alzheimer Scotland, but also includes accounts of people living with dementia, families, and carers, giving the reader a unique insight into the disease.

An essential new guide for any person-centred trainee or practitioner, this book explores some of the key contemporary counselling and psychotherapy approaches that have developed from classical client-centred therapy. Part One discusses five approaches including Classic Client-Centred Therapy; Relational and Dialogical Person-Centred Therapy; Focusing-Oriented Therapy; Experiential Therapy; Emotion Focussed Therapy and Person-Centred Expressive therapy. Each approach is introduced, considered in terms of its history, development, current context and relevant research, as well as exemplified through a range of inspiring vignettes. Part Two brings readers up-to-date with recent developments in the application of person-centred practice, including creative approaches, transcultural counselling, work with people who’ve experienced trauma as well as those who are experiencing limitations to
their ability. Written by leading UK-based and international authors, this authoritative and thought-provoking book is a must read for anyone keen to understand the many approaches of person-centred therapy.

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